



50<sup>th</sup> Golden Jubilee

ANNUAL CONFERENCE OF  
ENDOCRINE SOCIETY OF INDIA  
Bengaluru

ESICON 2021

9<sup>th</sup> to 12<sup>th</sup>  
December  
2021



## SCIENTIFIC AGENDA

Venue :

**CLARKS EXOTICA CONVENTION RESORT & SPA-SWISS TOWN,**  
Devanahalli Road, Hollywood Junction, Sadahalli Post,  
Bengaluru, Karnataka

Hosted by

**KARNATAKA ENDOCRINE SOCIETY**





**50<sup>th</sup> Golden Jubilee**  
ANNUAL CONFERENCE OF  
ENDOCRINE SOCIETY OF INDIA  
**Bengaluru**

# ESICON 2021



**Preconference CME 9th Dec 2021**  
**Welcome Note With Lighting The Lamp**  
**Dr. Vijaya Sarathi H.A & Dr. Chitra Selvan**

11:40 am - 12:00 pm	High Tea	Moderators / Speakers
12:00 pm - 12:40 pm	Case presentation: Rickets	Dr. Nisha Bhavani Dr. Thomas V Paul
12:40 pm - 01:00 pm	Cost-effective analysis for osteoporosis in India	Dr. Thomas V Paul
01:00 pm - 01:40 pm	Case presentation: A virilized female infant	Dr. Nilanjan Sengupta Dr. Anurag R Lila
01:40 pm - 02:00 pm	Steroid profile: when to order and how to interpret?	Dr. Anurag R Lila
<b>02:00 pm - 02:40 pm</b>	<b>Lunch Break</b>	
02:40 pm - 03:20 pm	Case presentation: An adolescent with peripubertal virilization	Dr. Shriraam Mahadevan Dr. Rajesh Khadgawat
03:20 pm - 03:40 pm	Decision making in gender assignment in DSD	Dr. Rajesh Khadgawat
03:40 pm - 04:20 pm	Case presentation: Thyroid associated orbitopathy	Dr. Jayaprakash Sahoo Dr. Sujoy Ghosh
04:20 pm - 04:40 pm	Approach to an indeterminate thyroid nodule	Dr. Sujoy Ghosh
04:40 pm - 05:20 pm	Case presentation: Cushing syndrome	Dr. MAHENDRA KUMAR GARG Dr. Rama Walia
05:20 pm - 05:40 pm	Challenges in the localization of source in ACTH-dependent CS	Dr. Rama Walia
<b>05:40 pm - 06:00 pm</b>	<b>Tea Break</b>	
06:00 pm - 06:40 pm	Case presentation: Turner syndrome	Dr. Sandeep Mathur Dr. Shaila Bhattacharya
06:40 am - 07:00 pm	Recent advances (genetics and fertility preservation) in Turner syndrome	Dr. Sandeep Mathur
07:00 pm - 07:30 pm	Quiz for Endocrinology trainees	Dr. Varsha Jagtap
Closing Remarks by : Dr. Swathi Jadhav, Dr. Abhay Gundgurthi		

**ESICON – Golden Jubilee Conference**  
**By us, for us, from us**  
**10th December 2021**

**WELCOME ADDRESS - Lighting the lamp, Invocation 9 AM**

**Dr. Arpandev Bhattacharyya and Dr. Vageesh Ayyar.S**

<b>D1P1</b>	Chairpersons: Dr. KM PrasannaKumar, Dr. M V V Muraleedharan	Orator
1	Presidential Oration 2020	Dr. Sanjay Kalra
<b>D1P2</b>	Chairpersons: Dr. Sanjay Kalra, Dr. Sarita Bajaj, Dr. AK Das	Orator
1	P.N Shah Oration 2020	Dr. C.V Harinarayan



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2	MMS Ahuja Oration 2020	Dr. Nikhil Tandon
3	Subhash Mukherjee Oration 2020	Dr. Pinaki Dutta
<b>NETWORKING WITH COFFEE: 11:00AM - 11:30AM</b>		
<b>D1S1</b>	<b>Theme – Endocrinology of the Young</b>	
	Session Time : 11:30 am - 1:00 pm	Hall 1 - Ammini Hall
Chairpersons: Dr. SK Sharma, Dr. Raman K Marwaha, Dr. Rajesh Rajput, Dr. Pinaki Dutta.		
<b>No.</b>	<b>TOPIC</b>	<b>SPEAKER</b>
1	Young onset Diabetes, How far to Investigate?	Dr. Shriram Mahadevan
2	Breast Enlargement in Young Man	Dr. Ashu Rastogi
3	Adolescence PCOS-Unique features	Dr. Srikanth Kongara
4	Paediatric Cushing's-Intricacies in Diagnosis and Management	Dr. Tushar Bandgar
	PANEL DISCUSSION	
<b>D1S2</b>	<b>Theme – Endocrinology of the Middle age Man</b>	
	Session Time : 11:30 am - 1:00 pm	Hall 2 - Bhandarkar Hall
Chairpersons: Dr. Prashanth Mappa, Dr. Vimal MV, Dr. Sambit Das, Dr. CM Batra		
1	ED in middle age man	Dr. Pramod Gandhi
2	Endocrine approach to male infertility	Dr. BP Varma
3	Optimum Testosterone replacement	Dr. Animesh Maiti
4	Impact of TBI on Pituitary Function	Dr. Abhay Sahoo
	PANEL DISCUSSION	
<b>D1S3</b>	<b>Theme – Endocrinology of the Midage Woman</b>	
	Session Time : 11:30 am - 1:00 pm	Hall 3 - K Kannan Hall
Chairpersons: Dr. Santosh R, Dr. Raju A Gopal, Dr. Deep Dutta, Dr. Mayur Mehta		
1	Women and Diabetes :An Endocrine perspective	Dr. Usha Sriram
2	Sexual dysfunction in Women:Are Androgens the cause	Dr. Indira Maisnam
3	Sex hormone replacement in OF:new treatment options	Dr. Shehla Shaikh
4	Perimenopausal Endocrinology, How best to handle?	Dr. Kalpana Dash
	PANEL DISCUSSION	
<b>D1S4</b>	<b>Theme – Endocrinology of the Medieval</b>	
	Session Time : 11:30 am - 1:00 pm	Hall 4- Rastogi Hall
Chairpersons: Dr. Altamash Shaikh, Dr. Balram Sharma, Dr. Anusha Handral, Dr. Bharat Ramji		
1	PADAM, How do I handle?	Dr. Joe George
2	Challenges in Diabetes Management in Elderly	Dr. KAV Subrahmanyam
3	When not to treat abnormal TSH in Elderly	Dr. Nikhil Bhagwat
4	Drug Holiday in treatment of Osteoporosis Elderly	Dr. Prakash Keswani
	PANEL DISCUSSION	



## LUNCH: 1 PM-2 PM WITH POSTER VIEWING-OCEAN HALL

Judges for Posters: Dr. KM Suryanarayan, Dr. Vijaya Sarathi, Dr. Shivaprasad C, Dr. Chitra Selven, Dr. Deepti Sharma, Dr. Belinda George, Dr. SK Sharma, Dr. Rishi Shukla, Dr. Aditya Hegde, Dr. Adarsh KS.

<b>D1MTE1</b>	Meet the Expert with Difficult cases	
	Session Time : 2:00 pm - 3:00 pm	Hall 1 - Ammini Hall
Experts: Dr. Usha Sriram, Dr. Basavraj GS, Dr. Sridhar Subbaiah		
<b>No.</b>	<b>TOPIC</b>	<b>SPEAKER</b>
D1MTE1-C1	Steroid Refractory Insulin Autoimmune Syndrome Treated with Rituximab and Continuous Glucose Monitoring	Dr. Chandar Mohan Batra
D1MTE1-C2	Young male with Chronic hepatitis and bony deformity	Dr. Biona Konsam
D1MTE1-C3	A Hypogonad with weak bones	Dr. Vishwanath
<b>D1MTE2</b>	Meet the Expert with Difficult cases	
	Session Time : 2:00 pm - 3:00 pm	Hall 2 - Bhandarkar Hall
Experts: Dr. Nikhil Tandon, Dr. Mythili, Dr. Jayaprakash Sahoo		
D1MTE2-C4	A CASE OF MEN -1	Dr. Ashwitha Shruti Dass
D1MTE2-C5	An Adrenal Mass...	Dr. Sumanas Gopal Datta Kolli
D1MTE2-C6	A child with metabolic myopathy	Dr. Lavanya Bonny
<b>D1S5</b>	Theme – Imaging in Endocrinology	
	Session Time: 2:00 pm- 3:00 pm	Hall 3 - K Kannan Hall
Chairpersons: Dr. Narayanan NK, Dr. Mohan T Shenoy		
1	Role of Nuclear imaging in endogenous hyperinsulinemic hypoglycaemia	Dr. Kumaraswamy G Kallur
2	Interventional radiologist role in Endocrinology	Dr. Shyam kumar Bhat,
	PANEL DISCUSSION	
<b>D1S6</b>	Theme – Neurocrinology	
	Session Time: 2:00 pm- 3:00 pm	Hall 4 - Rastogi Hall
	Session Duration: Talk - 20 mins / Discussion - 10 mins	
Chairpersons: Dr. S K Sharma, Dr Ashok Kumar Das, Dr Abhay Sahoo		
1	Non diabetic causes in DSPN : When to suspect ?	Dr. Ravi Yadav
2	HAAF	Dr. Sambit Das
	PANEL DISCUSSION	
<b>D1S7</b>	Theme: Paediatric Endocrinology	
	Session Time: 3:00 pm - 4:00 pm	Hall 1 - Ammini Hall
Chairpersons – Dr. Shaila B, Dr. Srinivasulu P, Dr. Shehla Sheikh		
1	Foetal Endocrine treatment for CAH	Dr. Sridhar Subbiah
2	Panacea for Petite- growth hormone for SGA	Dr. Sachin Mittal



3	Choosing correct treatment for GnRH analogue therapy for precocious puberty	Dr. Ahila Ayyavoo
	PANEL DISCUSSION	
<b>D1S8</b>	<b>Hot Topics – Gender Dysphoria</b>	
	Session Time: 3:00 pm - 4:00 pm	Hall 2 - Bhandarkar Hall
<b>Chairpersons – Dr Debmalya Sanyal, Dr Kalpana Dash</b>		
<b>No.</b>	<b>TOPIC</b>	<b>SPEAKER</b>
1	Endocrine management of Gender Dysphoria	Dr. Suja P Sukumar
2	Surgical invention in Gender Dysphoria	Dr. Arjun N
	PANEL DISCUSSION	
<b>D1S9</b>	<b>Hot Topics – Thyroid</b>	
	Session Time: 3:00 pm - 4:00 pm	Hall 3 - K Kannan Hall
<b>Chairpersons – Dr. KD Modi, Dr. Ravindra Shukla, Dr. Vimal MV.</b>		
1	TSH target in Reproductive age	Dr. Rajesh Rajput
2	Long term follow up of DTC	Dr. Raman K Marwaha
3	Molecular Genetics of DTC	Dr. Sujoy Ghosh
	PANEL DISCUSSION	
<b>D1S10</b>	<b>Hot Topics – Sarcopaenia</b>	
	Session Time: 3:00 pm - 4:00 pm	Hall 4 - Rastogi Hall
<b>Chairpersons – Dr. Nitin Kapoor, Dr. Jayaprakash Sahoo, Dr. Priya Chinnapa.</b>		
1	Sarcopaenia: An Endocrinopathy	Dr. Deep Dutta
2	Sarcopaenia: Assessment	Dr. Jubbin Jagan Jacob
3	Sarcopaenia Treatment	Dr. Suresh Damodharan
	Panel discussion	
<b>NETWORKING WITH COFFEE:4.00 PM-4.30 PM</b>		
<b>D1P3</b>	<b>Plenary Session Three:</b>	
	Session Time: 4.30 pm - 5:30 pm	Plenary Hall - RJ Dash Hall
	Session Duration: Talk - 20 mins / Discussion - 10 mins	
<b>Chairpersons: Dr. Bipin Sethi, Dr. S Murthy, Dr. Jyoti Idiculla</b>		
1	Endocrinopathies associated with Immune check point inhibitors	Dr. M V V Muraleedharan
2	Dynamic testing in evaluation of Pubertal disorder	Dr. Rama Walia
	PANEL DISCUSSION	

**Closing Remarks from Scientific desk**  
with announcement of the winners of the Top 10 best questions of the day !  
**Dr Vijaya Sarathi H.A. and Dr Pramila Kalra**



## CORPORATE SYMPOSIUM

<b>D1CS1</b>	100 years of insulin symposium	Sponsor – Novo Nordisk
	Session Time: 6.00 pm - 7.00 pm	Hall 1 - Ammini Hall
	Session Duration: Talk - 15 mins / Discussion - 5 mins	
Chairperson: Dr. Manoj Chadha		
<b>No.</b>	<b>TOPIC</b>	<b>PRESENTER</b>
1	Positioning TIR in diabetes management: Role of new generation basal insulin	Dr. Debmalya Sanyal
2	Non-critical yet critical: Managing hyperglycaemia in non-critical care setting	Dr. Anantharaman R
3	Indian reality and insulin initiation: Choosing an insulin with efficacy, safety and convenience	Dr. Ashu Rastogi
<b>D1CS2</b>		Sponsor - BI
	Session Time: 6.00 pm - 7.00 pm	Hall 2 - Bhandarkar Hall
	Session Duration: Talk - 15 mins / Discussion - 5 mins	
Chairperson:		
1	Clinical Excellence in Cardio-Renal-Metabolic care in T2DM with a Harmonious Blend of SGLT2i/DPP4i FDC	Dr. Bipin Sethi
2	Can a Broad Range of Patients with T2D Benefit From the Simplicity of Linagliptin?	Dr. Rakesh Sahay
3	Empowering Holistic Organ-Protection beyond Risk-factor Control in T2DM:Current Perspective with SGLT2-i	Dr. Ganapathi Bantwal
	PANEL DISCUSSION	
<b>D1CS3</b>		Sponsor – Novartis
	Session Time: 6.00 pm - 7.00 pm	Hall 3 - K Kannan Hall
	Session Duration:	
Chairperson:		
1	Diabetes as a comorbidity: By stander to a driver of Heart failure	Dr. Venkatesh TK
2	Stepping up the game for Improved adherence	Dr. Manjunath Mallige
<b>D1CS4</b>		Sponsor – Glenmark
	Session Time: 6.00 pm - 7.00 pm	Hall 4 - Rastogi Hall
	Session Duration:	
Chairperson: Dr. KM Suryanarayan		
1	FDC of Remogliflozin, Vildagliptin, Metpharmine in T2DM management	Dr. Mala Dharmalingam
2	Clinical implication of Glycaemic Variability:TOP-TIR study	Dr. Bipin Sethi



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<b>D1CS5</b>		Sponsor : Alkem
	Session Time:	Hall 5-
	Session Duration:	
Chairperson:		
<b>No.</b>	<b>TOPIC</b>	<b>PRESENTER</b>
1	Evolving evidences with newer DPP-4 inhibitors	Dr. K D Modi
<b>D1CS6</b>	Tipping the scales, SGLT2 Inhibition in Cardio-Renal-Metabolic Spectrum	Sponsor : Mankind
	Session Time:	Hall 6
	Session Duration:	
Chairperson: Dr. KM Prasannakumar		
1	Dysglycaemia based chronic disease, how does the organ cross talk to each other?	Dr. Pramila Kalra
2	Dapagliflozin: Newer perspectives & Interdisciplining insights in Cardio Renal-Metabolic Spectrum	Dr. K A V SUBRAHMANYAM
Coffee with Alumni – 7 pm		
<b>END OF DAY 1</b>		

**11th December 2021**  
**Welcome note for Second Day**  
**Dr. Belinda George and Dr. Swati Jadav**

<b>D2P4</b>	Chairpersons: Dr. Sanjay Kalra, Dr. AK Das.	Orator
1	Presidential Oration 2021	Dr. Ganapathi Bantwal
<b>D2P5</b>	Chairpersons: Dr. Ganapathi Bantwal, Dr. S Murthy Dr. Surya Narayana KM	Orator
1	MMS Ahuja Oration 2021	Dr. Sarita Bajaj
2	Subhash Mukherjee Oration 2021	Dr. Anirban Majumder
<b>NETWORKING WITH COFFEE : 11:00AM - 11:30AM</b>		
<b>D2S11</b>	Theme – Controversies in Endocrinology- Bone	
	Session Time: 11:30 am - 1:00 pm	Hall 1 - Ammini Hall
Chairpersons: Dr. Ajay Jain, Dr. Aditi Chopra, Dr. Sanjay SARAN, Dr. Prashanth Mappa,		
<b>No.</b>	<b>TOPIC</b>	<b>SPEAKER</b>
1	Normocalcemic HPT: To treat or not to treat	Dr. Sushil Gupta
2	Management of GIO & Transplant associated Osteoporosis	Dr. Rakesh Kumar Sahay
3	Assessment of skeletal strength: Is BMD enough?	Dr. Rabindera Nath Mehrotra
4	Combination or sequential treatment for osteoporosis	Dr. Ameya Sudhakar Joshi
	PANEL DISCUSSION	



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<b>D2S12</b>	<b>Theme – Controversies in Endocrinology -Pituitary</b>	
	Session Time: 11:30 am - 1:00 pm	Hall 2 - Bhandarkar Hall
Chairpersons: Dr. Uday Phadke, Dr. Srinivasulu P, Dr. Mayur Mehta, Dr. Naryanaan NK.		
<b>No.</b>	<b>TOPIC</b>	<b>SPEAKER</b>
1	Prolactin: From Pathophysiology To Practice	Dr. Anurag Lila
2	Gamma knife for Pituitary Adenoma	Dr. Phulrenu Chauhan
3	Pubertal induction with non-testosterone therapies	Dr. Rama Walia
4	Diagnosis and management of AGHD-the often overlooked entity in Endocrinology	Dr. Bipin Sethi
	PANEL DISCUSSION	
<b>D2S13</b>	<b>Theme – Controversies in Endocrinology -Thyroid</b>	
	Session Time: 11:30 am - 1:00 pm	Hall 3 - K Kannan Hall
Chairpersons: Dr. Sunil Ambulkar, Dr. Sridhar Subbiah, Dr. Mohan Magdum, Dr. Dipti Sharma		
1	T3 replacement in primary Hypothyroidism:	Dr. Nisha Bhavani
2	Thyroid cancer during pregnancy: Addressing the uncertainties	Dr. Mathew John
3	Graves' disease: Long term ATA vs RAI 131 Therapy	Dr. Mohd Ashraf Ganie
4	Euthyroid Autoimmunity - to Treat or not?	Dr. SadishKumar Kamalanathan
	PANEL DISCUSSION	
<b>D2S14</b>	<b>Theme – Controversies in Endocrinology Adrenal</b>	
	Session Time: 11:30 am - 1:00 pm	Hall 4 - Rastogi Hall
Chairpersons: Dr. Vaishali Deshmuhg, Dr. Manash P Baruah, Dr. P Ravikumar, Dr. Karthik Balachandran.		
1	Use of DHEA replacement in women Will it bring back the youthfulness?	Dr. Gagan Priya
2	Mild Autonomous Cortisol Secretion (MACS)	Dr. KVS Hari Kumar
3	Choice of Steroid therapy in adults with adrenal insufficiency: evidences and pitfalls	Dr. Sanjay Saran
4	AI diagnostic dilemmas/challenges – Does tetracosactide help the unmet need ?	Dr. Jabbar P K
	PANEL DISCUSSION	
<b>LUNCH: 1.00 PM-2.00 PM with POSTER VIEWING-OCEAN HALL</b>		

Judges for Posters: Dr. KM Suryanarayan, Dr. Vijaya Sarathi, Dr. Shivaprasad C, Dr. Chitra Selven, Dr. Dipti Sharma, Dr. Belinda George, Dr. SK Sharma, Dr. Rishi Shukla, Dr. Aditya Hegde, Dr. Adarsh KS.



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<b>D2MTE3</b>	Meet the Expert with Difficult cases	
	Session Time: 2:00 pm - 3:00 pm	Hall 1 - Ammini Hall
Experts: Dr. Soumik Goswami, Dr. Harish Joshi , Dr. Rishi Shukla		
<b>No.</b>	<b>TOPIC</b>	<b>SPEAKER</b>
D2MTE3-C7	Diagnosing Diabetes Mellitus in Children	Dr. Manisha Gupta
D2MTE3-C8	A case of Hirsutism...	Dr. Harshita Reddy
D2MTE3-C9	Localising Parathyroid Gland...	Dr. Mohan Badgandi
<b>D2MTE4</b>	Meet the Expert with Difficult cases	
	Session Time: 2:00 pm - 3:00 pm	Hall 2 - Bhandarkar Hall
Experts: Dr. S Murthy, Dr. K.M. Suryanarayana, Dr K A V Subrahmanyam		
D2MTE4-C10	Dilemma of Diagnosis	Dr. Anshika Singh
D2MTE4-C11	Adult CAH, how do I optimize treatment?	Dr. Trupti Prasad
D2MTE4-C12	A case of Neonatal Diabetes....	Dr. Bharathi Kolla
<b>D2S15</b>	Theme – Endocrinology PLUS - OBG	
	Session Time: 2:00 pm - 3:00 pm	Hall 3 - K Kannan Hall
Chairpersons: Dr. Mallikarjun V J, Dr. Karthik Balachandran		
1	Subclinical thyroid dysfunction in pregnancy:	Dr. Vaishali Chetan Deshmukh
2	Postmenopausal HRT: How long and How much?	Dr. Ashok Krishna Bhuyan
	PANEL DISCUSSION	
<b>D2S16</b>	Theme – Endocrinology PLUS - Radiology	
	Session Time: 2:00 pm - 3:00 pm	Hall 4 - Rastogi Hall
Chairpersons: Dr. Balram Sharma, Dr. Mathew John		
1	Usefulness of skeletal radiology in the diagnosis of bone disorders	Dr. Thomas V Paul
2	Pituitary imaging: What an endocrinologist should know?	Dr. Arun George
	PANEL DISCUSSION	
<b>D2S17</b>	Hot Topics – Calcium and Bone	
	Session Time: 3:00 pm - 4:00 pm	Hall 1 - Ammini Hall
Chairpersons – Dr. Shariq Masoodi, Dr. Thomas Paul, Dr. Asraf Gani, Dr. Sadish Kumar Kamalanathan.		
1	Approach to Hypophosphatemic Ricket	Dr. Rajesh Khadgawat
2	Challenges in the management of Hypoparathyroidism	Dr. Altamash Shaikh
3	Newer medications for Osteoporosis	Dr. Rabindera Nath Mehrotra
	PANEL DISCUSSION	
<b>D2S18</b>	Theme: Novel Vistas in Clinical Genetic Disorders	
	Session Time: 3:00 pm - 4:00 pm	Hall 2 - Bhandarkar Hall
Chairpersons – Dr. Asha HS, Dr. Subhankar Chowdhury		
1	Diabetes, Genetics and the Pancreas: Clinical Clues to a web of Deception	Dr. Nihal Thomas



2	Genes and the Bone: Sparkling stories in Black and White	Dr. Sanjay kumar Bhadada
3	PANEL DISCUSSION	
<b>D2S19</b>	<b>Theme: Thyroid &amp; Parathyroid</b>	
	Session Time: 3:00 pm - 4:00 pm	Hall 3 - K KannanHall

Chairpersons – Dr. Manash P Baruah, Dr. KVS Harikumar, Dr. Dheeraj Kapoor

No.	TOPIC	SPEAKER
1	Immunotherapies in TAO	Dr. Krishna Seshadri
2	Drug induced thyroid dysfunction:	Dr. Sujoy Majumdar
3	Medical Treatment of Hyperparathyroidism	Dr. Belinda George
	PANEL DISCUSSION	

**D2S20** Theme: Endo Pharmacology - Adrenals

Session Time: 3:00 pm - 4:00 pm

Hall 4 - Rastogi Hall

Chairpersons – Dr. Rajeswari J, Dr. Vijaya Bhaskar Reddy, Dr. Prashanth Mappa.

1	Personalized management of Adrenal insufficiency	Dr. Saptarshi Bhattacharya
2	Newer agents in the medical mx of Cushings syndrome	Dr. Manoj Chadda
3	Challenges in the management of PPGL & Pheochromocytoma	Dr. Shashank Joshi
	PANEL DISCUSSION	

**NETWORKING WITH COFFEE : 4:00PM - 4:30 PM**

<b>D2P6</b>	Plenary Session Six: Clinico Pathological Correlation	
	Session Time: 4:15 pm - 5:00 pm	Plenary Hall- RJ Dash Hall
	Session Duration: Talk - 15 mins / Discussion - 15 mins	

Chairpersons – Dr. Sridevi Seetharam, Dr. Rajesh Khadgawat

No.	Clinician	PATHOLOGIST
1	Dr. Narendra Kotwal	Dr. Uma Nahar Saikia

**Closing Remarks from Scientific desk**  
with announcement of the winners of the Top 10 best questions of the day 2,  
Dr. Vijayasarithi and Dr. Chitra Selvan.

### Corporate Symposium:

<b>D2CS7</b>		Sponsor – Sun Pharma
	Session Time: 5:00 pm - 6:00 pm	Hall 1- Ammini Hall
	Session Duration: Talk - 15 mins / Discussion - 5 mins	

Chairperson:

No.	TOPIC	PRESENTER
1	Universal solution for diabetes management across baseline Hba1c, background therapies & co-morbidities	Dr. Shehla Shaikh
2	Are SGLT2 Inhibitors the Statins of 21st Century	Dr. Soumik Goswami



3	Insights on Medical Nutrition Therapy in Indian Diabetics: Analysis of Recent Evidence	Dr. Mala Dharmalingam
	PANEL DISCUSSION	
<b>D2CS8</b>	<b>GLP-1: Game changer symposium</b>	<b>Sponsor : Novo Nordisk</b>
	<b>Session Time: 5.00 pm - 6.00 pm</b>	<b>Hall 2- Bhandarkar Hall</b>

**Chairpersons:**

No.	TOPIC	PRESENTER
1	PIONEERing evidence of oral Semaglutide: Translating research into clinical practice	Dr. Anirban Majumdar
2	PIONEERing oral GLP-1 RA in CV risk management: Benefits beyond glycaemic control	Dr. Nitin Kapoor
3	Innovation journey of the first and only peptide in a pill: Form lab to life	Dr. Rajesh Badani
	PANEL DISCUSSION	

**D2CS9**

**Sponsor Torrent 5-6 pm**

**Moderator: Rakesh Sahay**

Start Time	End Time	Duration	Topic	Presenter	Faculty Name
17:00	17:05	00:05	Welcome & Introduction	Moderator	Dr. Rakesh Sahay
			Session I		
17:05	17:20	00:15	Current treatment approaches in T2DM- What they can and what they can't?	Speaker	Dr. Shashank Joshi
			Session II		
17:20	17:35	00:15	Mitochondria: The missing piece in Diabetes Treatment?	Speaker	Dr. Subhankar Chowdhary
			Clinical Pearls		
17:35	17:55	00:20	Panel Discussion	Panel	Panellists
17:55	18:00	00:05	Vote of Thanks	Moderator	Dr. Rakesh Sahay

**D2CS10**

**Sponsor – Cipla**

**Session Time: 5.00 pm - 6.00 pm**

**Hall 4- Rastogi Hall**

**Session Duration: Talk-1 5 mins / Discussion - 5 mins**

**Chairperson:**

1	Cardio protection in T2DM: Focus on GLP1 RA and SGLT2i	Dr. Pramila Kalra
2	"PEP for Covid-19 in Diabetic Population: Role of Monoclonal Antibody Cocktail"	Dr. Satyanarayan M



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<b>D2CS11</b>		<b>Sponsor:Biocon</b>
	<b>Session Time:</b>	<b>Hall 5</b>
	<b>Session Duration:</b>	
<b>Chairperson:</b>		
2	World's first USFDA approved interchangeable Biosimilar Insulin Glargine	Dr. Viraj Suvarna
1	Evidence of Interchangeability of Insulin Glargine	Dr. Uday Phadke
<b>D2CS12</b>		<b>Sponsor : Sanofi</b>
	<b>Session Time:</b>	<b>Hall 6</b>
	<b>Session Duration:</b>	
<b>Chairperson : Dr. Ganapathi Bantwal</b>		
<b>No.</b>	<b>TOPIC</b>	<b>PRESENTER</b>
1	Time in range: Clinical implications and role of Gen2.0 Basal insulin	Dr. Bipin Sethi
2	Basal Insulin optimization approach over 2 decades in India	Dr. Manoj Chadha
<b>GBM FROM 6-7 PM Plenary Hall- RJ Dash Hall</b>		
<b>END OF DAY 2</b>		

**12th December 2021**  
**Welcome note for Third Day**  
**Dr.Sahana Setty and Dr. Vageesh Ayyar**

<b>D3P7</b>		
	<b>Session Time: 9.00 am - 10:50 am</b>	
<b>Chairpersons: Dr. Vijaya Bhaskar Reddy, Dr. Altamash Shaikh</b>		
<b>No.</b>	<b>TOPIC</b>	<b>AWARDEE</b>
1	Anil R Sheth Award 2020	Dr. Nitin Kapoor
2	Anil R Sheth Award 2021	Dr. Beatrice M Anne

<b>D3P8</b>	<b>Plenary Session Eight: Pearls of Wisdom</b>	
	<b>Session Time: 9:50 am - 10:50 am</b>	<b>Plenary Hall- RJ Dash Hall</b>
<b>Chairpersons: Dr. AK Das, Dr. Suryanarayan K M, Dr. P RaviKumar</b>		
<b>No.</b>	<b>TOPIC</b>	<b>SPEAKER</b>
1	Lessons learnt...	Dr. Subhankar Chowdhary
2	Future of Endocrinology in India: My view	Dr. KM Prasannakumar



**50<sup>th</sup> Golden Jubilee**  
ANNUAL CONFERENCE OF  
ENDOCRINE SOCIETY OF INDIA  
**Bengaluru**

# ESICON 2021



<b>D3P9</b>	<b>Plenary Session Nine : Best papers – Top 6</b>	
	Session Time: 11.00 am - 1:00 pm	Plenary Hall- RJ Dash Hall
<b>Coordinators – Dr. Belinda George and Dr. HK Ganesh</b>		
<b>Judges: Dr. Manash P Baruah, Dr. Arundhati Dasgupta, Dr. Nitin Kapoor, Dr. Saptarshi Bhattacharya, Dr. Ameya Sudhakar Joshi, Dr. Abhilash Nair</b>		
No.	TITLE	PRESENTER
1	Circulating cell free Long-Noncoding RNA (PVT1 & MALAT1) expression in determining malignancy in indeterminate category of thyroid nodules	Dr. Susmita Dutta
2	NR5A1 mutation: A single centre experience from South India	Dr. Joel Franklin F
3	Effect of gonadotropin releasing hormone analog treatment on final adult height in children with congenital adrenal hyperplasia complicated by central precocious puberty	Dr. Priyanka R
4	Prevalence and clinical profile of Maturity Onset Diabetes of the Young among people with diabetes attending a Tertiary Care Institute in North India.	Dr. Javaid Ahmad Bhat.
5	Effects of gender affirming hormone therapy on metabolic health and body composition in gender dysphoria	Dr. Harikiran
6	Utility of inferior thyroid artery blood flow velocities to differentiate between Gestational Transient Thyrotoxicosis and Graves' Disease in pregnancy – a pilot study	Dr. Mujeeb Afzal
7	ACTH stimulated salivary cortisol is a better indicator of adrenal insufficiency compared to stimulated serum cortisol in subjects with cirrhosis liver	Dr. Karthik.V
8	Ambulatory Glucose profiles of children and adolescents with T1DM: Identification of factors affecting glycemic control	Dr. Ambica.Tandon
9	The Pituitary Apoplexy Score (PAS) in the evaluation and management of pituitary apoplexy: A single centre experience	Dr. Manasa.M
10	Incidence and Predictors of New Onset Diabetes After Transplant (NODAT) in Liver Transplant recipients	Dr. Kaushal Sheth
	<b>VALIDICTORY FUNCTION</b>	
	<b>1:00 pm</b>	<b>Plenary Hall- RJ Dash Hall</b>
1	From the Desk of Organising Committee 2021	
2	Handing over to ESICON Organising Committee 2022	
3	Vote of thanks	
<b>END OF DAY 3</b>		

